

## COUNTY OF SAN DIEGO

## **NEWS RELEASE**

FOR IMMEDIATE RELEASE

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## **FAVORITE JULIAN PARK GETS HEALTHY MAKEOVER**

Jess Martin Park Premieres New Outdoor Fitness Areas

Julian residents have a new way to work off those calories from the historic town's famous apple pies: with new fitness equipment and recreation areas at Jess Martin Park. Today Supervisor Dianne Jacob, the County of San Diego Department of Parks and Recreation and the community of Julian officially opened an array of healthy new amenities at Jess Martin Park.

The improvements include a nine-station fitness area, community exercise path, a permanent restroom building, shade structure, picnic tables, barbeque grills, rock retaining walls, and footbridges.

"The County hopes moms, dads and kids will be excited about the variety of healthy fun now available at Jess Martin Park," said Supervisor Jacob who worked closely with the Department of Parks and Recreation to help fund the improvements. "These exciting new additions are an example of how the County listens to communities and works with communities to make good things happen," Jacob said during the ribbon cutting ceremony.

The Department of Parks and Recreation worked with residents to design park improvements that reflect the needs and history of the community of Julian. The improvements incorporate the architectural elements outlined on the Julian Historic District Design Guidelines.

"The addition of the fitness and recreation areas gives the public the opportunity to enjoy the outdoors, work out for free and stay healthy," said Renee Hilton, Assistant Director of Parks and Recreation.

The park improvements were paid for by county funds, federal grants and local parkland funds. For additional information on the County's Department of Parks and Recreation visit <a href="https://www.sdparks.org">www.sdparks.org</a>